

## CLAIMS

1. A portable, inflatable, massage support apparatus comprising:  
an inflatable body supporting structure having a top surface and a  
5 bottom surface, said top surface and said bottom surface defining an enclosure  
therebetween when said inflatable body supporting structure is inflated, said  
inflatable body supporting structure having a head end and a foot end; and  
a massage facilitating feature formed into said inflatable body  
supporting structure, said massage facilitating feature adapted to enhance the  
10 massaging of a person disposed on said inflatable body supporting structure.

2. The portable, inflatable, massage support apparatus of Claim 1  
wherein said inflatable body supporting structure further comprises:  
an inflation valve, said inflation valve coupled to said inflatable body  
15 supporting structure and extending through said inflatable body supporting  
structure to provide for inflation of said inflatable body supporting structure.

3. The portable, inflatable, massage support apparatus of Claim 1  
wherein said massage facilitating feature further comprises:  
20 an interior face cradle disposed proximate to said head end of said  
inflatable body supporting structure for supporting the head of said person  
being massaged, said interior face cradle disposed between said top surface and  
said bottom surface of said inflatable body supporting structure such that said  
interior face cradle is disposed within said enclosure and integral with said  
25 inflatable body supporting structure.

4. The portable, inflatable, massage support apparatus of Claim 3 wherein said interior face cradle is inflatable.

5. The portable, inflatable, massage support apparatus of Claim 4 wherein said interior face cradle further comprises:

an inflation valve, said inflation valve coupled to said interior face cradle and extending through said inflatable body supporting structure to provide for inflation of said interior face cradle.

6. The portable, inflatable, massage support apparatus of Claim 1 wherein said massage facilitating feature further comprises:

a faceplate opening disposed near said head end of said inflatable body supporting structure, said faceplate opening formed completely through said inflatable body supporting structure such that if said person is disposed face down on said top surface of said inflatable body supporting structure, said person is able to breathe.

7. The portable, inflatable, massage support apparatus of Claim 1 wherein said massage facilitating feature further comprises:

an interior body bolster disposed between said head end and said foot end of said inflatable body supporting structure, said interior body bolster for supporting the torso region of said person being massaged, said interior body bolster disposed between said top surface and said bottom surface of said inflatable body supporting structure such that said interior body bolster is disposed within said enclosure and integral with said inflatable body supporting structure.

8. The portable, inflatable, massage support apparatus of Claim 1 wherein said massage facilitating feature further comprises:

5 knee support regions formed into said inflatable body supporting structure, said knee support regions disposed proximate to said foot end of said inflatable body supporting structure for comfortably supporting the knees of said person being massaged.

9. The portable, inflatable, massage support apparatus of Claim 1 wherein said massage facilitating feature further comprises:

10 arm cradling portions formed into said inflatable body supporting structure, said arm cradling portions for comfortably supporting the arms of said person being massaged.

10. The portable, inflatable, massage support apparatus of Claim 1 wherein said portable, inflatable, massage support apparatus is formed of lightweight foldable material such that said portable, inflatable, massage support apparatus can be compactly folded and easily carried when deflated.

20 11. An inflatable massage support structure comprising:  
an inflatable face cradle for supporting the head of a person being massaged, said inflatable face cradle having a top surface and a bottom surface, said top surface and said bottom surface defining an enclosure therebetween when said inflatable face cradle is inflated; and  
an inflation valve, said inflation valve coupled to the interior of said inflatable face cradle and extending through the exterior of said inflatable face cradle to provide for inflation of said inflatable face cradle.

12. The inflatable massage support structure of Claim 11 wherein said inflatable face cradle further comprises:

- a forehead supporting region;
- a first cheek supporting region; and
- a second cheek supporting region.

13. The inflatable massage support structure of Claim 11 wherein said inflatable face cradle is formed of lightweight foldable material such that said inflatable face cradle can be compactly folded and easily carried when deflated.

14. An inflatable massage support structure comprising:

an inflatable foot bolster for supporting the feet of a person being massaged, said inflatable foot bolster having a top surface and a bottom surface, said top surface and said bottom surface defining an enclosure

therebetween when said inflatable foot bolster is inflated; and

an inflation valve, said inflation valve coupled to the interior of said inflatable foot bolster and extending through the exterior of said inflatable foot bolster to provide for inflation of said inflatable foot bolster.

15. The inflatable massage support structure of Claim 14 wherein said inflatable foot bolster further comprises:

- a first depression for receiving a first foot of said person being massaged;
- a second depression for receiving a second foot of said person being massaged.

16. The inflatable massage support structure of Claim 14 wherein said bottom surface of said inflatable foot bolster is flat such that said inflatable foot bolster remains steady when said person is massaged.

5 17. The inflatable massage support structure of Claim 14 wherein said inflatable foot bolster is formed of lightweight foldable material such that said inflatable foot bolster can be compactly folded and easily carried when deflated.

18. A massage support structure assembly comprising:  
10 an inflatable body supporting structure having a top surface and a bottom surface, said top surface and said bottom surface defining an enclosure therebetween when said inflatable body supporting structure is inflated, said inflatable body supporting structure having a head end and a foot end;  
an inflatable face cradle disposed proximate to said head end of said  
15 inflatable body supporting structure for supporting the head of said person being massaged;  
a faceplate opening disposed near said head end of said inflatable body supporting structure, said faceplate opening formed completely through said inflatable body supporting structure such that if said person is disposed face  
20 down on said top surface of said inflatable body supporting structure, said person is able to breathe;  
an interior body bolster disposed between said head end and said foot end of said inflatable body supporting structure, said interior body bolster for supporting the torso region of said person being massaged, said interior body  
25 bolster disposed between said top surface and said bottom surface of said inflatable body supporting structure such that said interior body bolster is disposed within said enclosure of said inflatable body supporting structure;

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knee support regions formed into said inflatable body supporting structure, said knee support regions disposed proximate to said foot end of said inflatable body supporting structure for comfortably supporting the knees of said person being massaged;

5 arm cradling portions formed into said inflatable body supporting structure, said arm cradling portions for comfortably supporting the arms of said person being massaged; and

an inflatable foot bolster disposed proximate to said foot end of said inflatable body supporting structure for supporting the feet of a person being  
10 massaged, said inflatable foot bolster having a top surface and a bottom surface, said top surface and said bottom surface defining an enclosure therebetween when said inflatable foot bolster is inflated.

15 19. The massage support structure assembly of Claim 18 wherein said inflatable face cradle is disposed between said top surface and said bottom surface of said inflatable body supporting structure such that said inflatable face cradle is disposed within said enclosure and integral with said inflatable body supporting structure.

20 20. The massage support structure assembly of Claim 18 further comprising:

an inflation valve, said inflation valve coupled to the interior of said inflatable face cradle and extending through the exterior of said inflatable face cradle to provide for inflation of said inflatable face cradle.